



Acquisition of Radiation Resistant Ability in Non– Irradiated Cells by Secreted Factors from Low Dose Irradiated Cells

Jun Kumagai^a*, Akane Oohashi^b and Genro Kashino^c







^aInstitute of Materials and Systems for Sustainability, Nagoya University ^bGraduate School of Engineering, Nagoya University ^cRadioisotope Institution, Nara Medical University

Email: <u>kumagai@imass.nagoya-u.ac.jp</u>

First Observation of Radiation Induced Bystander Effect (RIBE)

[CANCER RESEARCH 52, 6394-6396, November 15, 1992]

Advances in Brief

Induction of Sister Chromatid Exchanges by Extremely Low Doses of α -Particles¹

Hatsumi Nagasawa and John B. Little²

Department of Cancer Biology, Harvard School of Public Health, Boston, Massachusetts 02115



- Less than 1% of cell nuclei were actually traversed by an α -particle.
- 30% of the cells showed an increased frequency of SCE (sister chromatid exchanges)

SCEs were induced in non-irradiated cells.

High and low dose exposure to the cells



 Bystander effects is important especially in low dose irradiated cell systems.

Mixed Radiation Effects



Endpoints are induced not only by direct and indirect effects but also by radiation induced bystander effect.

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Bystander Effect Extracted by Medium Transfer (MT) Method



Recipient non-irradiated cells



Endpoints are induced not by radiation but by secreted soluble bystander factors.

ESR spectra of recipient cells (Chinese Hamster Ovary (CHO) cells)



- Long-lived Radicals

 (LLRs) are induced by the medium transfer (MT) in the recipient cells.
- Good indicator of oxidation degree in cells

Levels of LLRs in recipient CHO cells by MT. Effect of AA and NAC for the levels.



- · Levels of LLRs are increased by MT.
- · AA reduced the levels, but NAC did not.

Mutation frequency of recipient CHO cells by MT



· AA reduced the fraction, but NAC did not.

Free Radical Res. **47** 474–9 (2013)

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Purpose of this study

Cell types dependent RIBE

methods of evaluation

Donor cells Stem cells cancer cells	Transfer normal cells cancer cells	
Bystander Factors • NO, Cytokines,	Long-lived radicals (LLRs) produced in recipient cells LLR levels relate to	
 • vesicles smaller than 150 nm in diameter and are enriched in endosome-derived components. • distribution of exosomes 	 oxidation degree in cells mutation induction 	

Exosomes: secreted vesicles and intercellular communications

Clotilde Théry F1000 Biology Reports 2011, 3:15 (doi:10.3410/B3-15)

EXOSOME BASICS

Exosomes are small membrane vesicles secreted by most cell types. Internal vesicles form by the inward budding of cellular compartments known as multivesicular endosomes (MVE). When MVE fuse with the plasma membrane, these internal vesicles are released as exosomes, which can travel to distant tissues to influence various aspects of cell behavior and physiology.

FROM FORMATION TO TARGET

TARGET

In the first step of ecosome formation, MVE bud inward to form small internal vesicles containing proteins, mRNAs, and miRNAs from the cytoplasm . These internal vesicles are released as ecosomes when MVE fuse with the cell membrane . Alternatively, MVE can fuse with lysosomes, which degrade MVE contents . Upon reaching their destinations, usually determined by the binding of specific ligands on their surfaces, ecosomes can enter target cells in one of two ways: by being taken up by the target cell's endocytic pathway . or by fusing to the target cell's membrane and releasing its contents directly into the cytoplasm . Cells also secrete other membrane-derived vesicles, such as ectosomes, shed vesicles, or microvesicles, which bud directly from the cell's plasma membrane . These vesicles are also known to carry active proteins and RNAs, as well as some compounds never before described in ecosomes, but little is known about their effects on distant lineases.

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Purpose of this study

Cell types dependent RIBE

methods of evaluation

Donor cells Recipient cells Medium Transfer Stem cells normal cells cancer cells cancer cells Long-lived radicals (LLRs) **Bystander Factors** produced in recipient cells • NO, Cytokines, LLR levels relate to Exosomes oxidation degree in cells • vesicles smaller than 150 nm in mutation induction diameter and are enriched in endosome-derived components. distribution of exosomes

Cell types and culture

cell types	cell names	<i>p</i> 53 states
Stem cell	hiMSC (human immortalized mesenchymal stem cell)	-/-
Normal cell	BJ/hTERT (human foreskin fibroblast hTERT immortalized cells)	+/+
Cancer cell	H1299 human p53-defective non-small cell lung cancer cells	-/-
	H1299wt/p53 H1299 expressing wild type p53 cells	+/+

- Medium: D-MEM + 10%FBS (Fatal Bovin Serum)
- Culture Condition : 37° C, O₂ (21%), CO₂ (5.0%)

Medium transfer (MT) protocol



LLRs levels in recipient BJ/hTERT cells



Bystander factors secreted from low dose (0.2 Gy) irradiated stem cells reduce LLRs levels of normal cells but not for higher dose.

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Level down of LLRs might be related to acquisition of radiation protection ability by increasing anti-oxidant ability.

LLRs levels in recipient H1299 cells from different donor cells



Stem and cancer cells secrete bystander factors increasing radiation protection ability to cancer cells.

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LLRs levels in cells



Radiation Adaptive Response





- Fig. 2. A Typical Protocol to Demonstrate Adaptive Responses
- Priming dose of 0.5 Gy by γ-ray was applied to the mice at two weeks before challenging dose irradiation of 7Gy.
- Significant improvement of survival was obtained by the priming dose (Yonezawa Effect)

Yonezawa, M., Misonoh, J. and Hosokawa, Y. *Mutat. Res.*,**358** 237-243 (1996).

Death of Mice

· 洒井一夫, Yakugaku Zasshi 126 827-831 (2006).

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Plausible mechanisms to reduce LLRs levels in recipient cells



Adaptive response in recipient cells for further higher dose irradiation is induced by bystander factors from donor cells irradiated in low dose.

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Exosome diameter distributions



Exosome measurement

- Momentum of each nanoparticle can be directly analyzed by the movie of brownian motion through scattering light.
- Stokes-Einstein equation gives diameters of each particles from their momenta.

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Dose dependent exosome distributions for four different cells



- Low dose (0.2 and 1 Gy) irradiation induces smaller exosome (90 nm) secretion in BJ/hTERT and H1299 cells.
- Higher dose increases secretion of exosomes especially in H1299 cells.
- p53 expression in cancer cells inhibits over secretion of exosomes.

Summary

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Donor Cells

- Both cancer and stem cells without p53 secrete bystander factors to increase radiation protection ability in recipient normal and cancer cells by low dose irradiation.
- Size distribution of exosomes are modulated by low dose irradiation in normal, cancer, and stem cells.
 - p53 expression in cancer cells inhibits over secretion of exosomes.
- Recipient cells
 - Both normal and cancer cells acquire higher anti-oxidant ability by receiving bystander factors from low dose irradiated stem cells (or cancer cells).

- Adaptive response in recipient cells is induced by bystander factors from donor cells irradiated in low dose.
- Exosomes induced at low dose might be related to the adaptive response.

Acknowledgment

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